

ANNUAL REPORT 2008 - 2009

(September 2009)

Advancing practice and knowledge in wound management

Introduction

Introduction

The New Zealand Wound Care Society Inc (NZWCS) is a voluntary organisation made up of health care professionals from a variety of disciplines who share a common interest in wound management. As an organisation it gives its members an opportunity to share experience, expertise and knowledge, providing a forum to network with other members throughout the country.

The aims of the Society are:

- To improve outcomes and quality of life for patients with wound and skin integrity problems.
- To provide and encourage best practice wound management across all health care settings.
- To be a recognised voice at national and local level in any issues relating to wound healing or maintaining skin integrity.

To achieve these aims the NZWCS has a focus on education and professional development, as well as fostering and encouraging an evidence-based approach to wound management. The Society holds regular local education sessions and study days, which are organised by Area Coordinators, and a biennial national conference. Members also receive two international wound care journals and the Society's own newsletter Tissue Issue.

Currently there are fourteen NZWCS branches across New Zealand: Northland, Auckland, Waikato, Rotorua/Taupo, Bay of Plenty, Manawatu/Palmerston North/Wanganui, New Plymouth/Taranaki, Hawkes Bay, Wellington, Marlborough/Nelson, Christchurch, West Coast, Dunedin, and Southland.

The NZWCS is a registered Incorporated Society (No. 671834).



President's Report

President's Report

I am very pleased to be able to present our members and supporters with the New Zealand Wound Care Society's first Annual Report. I have decided to produce this report as a means of demonstrating the Society's commitment to its members, and to showcase some of the work achieved by the Society over the past year.

In my first year as President I have endeavoured to bring some new life to the Society by revamping our image and developing a more up-to-date corporate look with a new logo and redesigned website. You will by now have received your new membership card, which has been updated to reflect this new image. We also now have specifically designed Society stationery and



corporate colours. We have introduced a new 'strap line' for the Society – "Advancing practice and knowledge in wound management" – which reflects the aims of the Society.

In addition to these cosmetic changes, myself and other members of the Society have been working on raising our profile and establishing key connections both in New Zealand and internationally. I have made it one of my goals as President to enhance the Society's presence at home and overseas. To this end I have recently signed an agreement with the European Wound Management Association to become an International Partner Organisation, and in October I will be attending a Committee meeting of the Australian Wound Management Association to discuss collaboration and sharing between our two organisations. Back home, we have had a meeting with ACC to discuss pressure ulcers, and I have also been in contact with the Office of the Health & Disability Commissioner to gain their support for the work of the Society in the area of pressure ulcers.

Of course, one specific highlight of this year was the very successful NZWCS Conference in Napier. We had an extraordinary response to the conference, which overwhelmed our ability to accommodate all those wishing to attend. The overall feedback from the conference evaluation was very positive, as well as providing us with some constructive comments for the next conference. I would like to once again formally acknowledge and thank the Conference Organising Committee for a great job! Looking ahead, our next conference will be held in Christchurch in May 2011, and planning is already getting underway to ensure this is another exciting and rewarding event.

I would also like to acknowledge the progress made by the Society's two working parties. The Leg Ulcer Working Party has almost completed a large piece of work developing a venous leg ulcer assessment form and management pathway, which



included a trial of the form in several clinical areas. We hope to be able to publish this on the NZWCS website in the near future. The Pressure Ulcer Working Party has continued to meet barriers to progress within the Ministry of Health. However, after a positive meeting with the Treatment Related Injury Manager at ACC, this group has some renewed enthusiasm! Members of this group also published an article in Kai Tiaki Nursing New Zealand earlier in the year and hope develop more publications in the next year to highlight the current issues with pressure ulcers in NZ.

Continuing on the theme of pressure ulcers, the NZWCS has, for the first time, provided funding to support a research project, which will pilot a national care indicator tool that includes pressure ulcers. If successful, and we are very positive it will be, this could introduce a significant change in the way the health system in New Zealand identifies, measures and responds to clinical indicators of patient care. The project is being lead by Dr Jan Weststrate who is a Research Fellow in the Graduate School of Nursing, Midwifery and Health, Victoria University of Wellington.

As you will see from the Area Coordinator reports education and professional development continues around the country and I would like to thank all those involved in organising these events. They are a key part of Society's aims to improve patient outcomes and encourage best practice. Another important component of this is the Society's newsletter, Tissue Issue, which is produced three times a year. Mandy Pagan and Rebecca Aburn are currently managing the newsletter. They are doing a great job, but need more support from members with news and articles. If you want to share your work please contact them! Thank you too to our industry sponsors who have been supporting the publication of Tissue Issue.

Lastly I would like to thank the National Committee, who have given their time to the running of the Society. I have been introducing quite a few changes over the year and they have been very supportive and positive, as well as ensuring the represent the views of local members. I also need to thank our Administrator, Jeannette Henderson, who has kept the Society running day-to-day, and Emil Schmidt, the Treasurer, for keeping an eye on our finances.

So, as we launch into our next year I am planning to continue developing the Society, increasing our exposure and getting our voice heard. At the same time we need to be thinking how we can enhance member services in order to deliver what members want. We also need to remember our key aim, which is improving patient outcomes. This will involve a focus on the people we care for in all of the Society's work.

With very best wishes

Wayne Naylor NZWCS President



Administrator Report

NZWCS Administrator Report

It has been very busy this year, working closely with, and assisting, the President, Treasurer, National Committee members and Area Coordinators. From taking minutes of the National Committee Meetings every 2 months and the Conference 2009 Committee, which met monthly, to processing memberships, fielding enquiries through emails and correspondence, and sending out Journals and Tissue Issue to all members. I have also assisted in obtaining quotes for printing and stationery costs and processing scholarship applications, and helped out at the Conference. This year I have worked a total of 434 hours.

Memberships were constant throughout the year, increasing around the time of the Conference in May. At the end of June 2009 the Society had 367 Full Members, 25 Corporate Members and 10 Commercial Members.

Scholarship applications increased this year and we received 8 applications for the 5 \$1,000 awards. I co-ordinated the review process for the applications.

I would like to acknowledge my rural Postie, Lindsay Bourke, who has been very understanding when I fill his truck with letters and Journals!

The highlight of my year was attending the Conference in Napier and meeting you all for the first time. It was a great honour to be part of the Conference Team who worked so hard to organise such a fantastic event – especially the Art Deco Dinner.

I look forward to working with you all again over the next year.

Jeannette Henderson NZWCS Administrator



Corporate Image

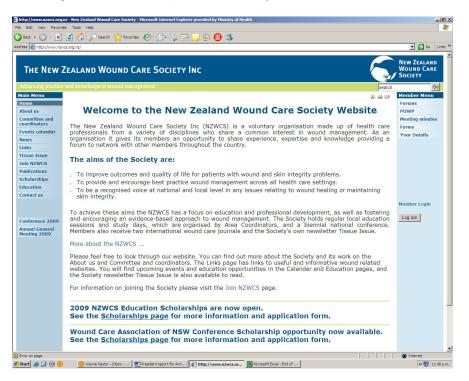
NZWCS Corporate Image

Revamping the corporate image of the NZWCS has been no small task and required the input of the National Committee and employment of a design company. Blondini Gang Design (http://www.blondinigang.co.nz). The result has been a high guality and modern new look for the NZWCS with a new logo, based on the original Kiwi emblem, new stationery and membership cards, and a high quality and more functional website.



NZWCS Website

The redesign of the website was based on a number of important features that would make it more user-friendly and easy to maintain. This process was somewhat preempted by the failure of our existing website early in 2009, requiring urgent attention. Blondini Gang Design's web designer got the old site up and running again while we designed and developed the new website. The intention is to make the NZWCS website a much more useful resource for members and others interested in wound management by developing much more of an educational focus with news, information and publications, as well as a calendar of events and member only access to meeting minutes and important Society documents.



The new look NZWCS website front page.



Scholarships

Scholarships

At the end of 2008 the Society awarded five scholarships. There were more applications than available scholarships and the decision making process was not easy. Unfortunately a number of applicants had not included all the required information, which hindered the assessment process. As some scholarships were not awarded, it was decided to award extra national conference attendance scholarships. Therefore, following a blind peer review process of the applications, the following members were awarded scholarships:

- Kirsty Gillard National conference attendance
- Pamela Mitchell National conference attendance
- Susan McAuley National conference attendance
- Yvonne Denny National conference attendance
- Emil Schmidt International conference attendance

Due to the problems with the application and review process, the application form has been modified and the instructions written more clearly. There will also be a more thorough system for processing and reviewing the applications so that decisions can be more easily and efficiently made.

2009/2010 Scholarships

The NZWCS is once again demonstrating its support for education and professional development of health professionals involved in wound management in New Zealand by providing 9 scholarship awards for 2009-2010. The scholarships available include:

- Four (4) awards of \$250 to attend a short course or study day on wound care,
- Two (2) awards of \$1000 for post-graduate study in Wound Management, and
- Three (3) awards of \$1000 to attend a National or International Wound Conference.



Working Parties

Pressure Ulcer Working Party

A slow year in terms of progress!

Members of the PUWP have made comment and feedback to the draft International Pressure Ulcer Guidelines that have been jointly produced by the EPUAP and NPUAP. These are due for publication in October 2009.

Two separate articles in the Dominion Post (Wellington) highlighted that the Health and Disability Commissioner had become involved in several cases where poor care resulted in the development of pressure ulcers and subsequent deaths of patients.

As a result, Dr Jan Weststrate (Victoria University of Wellington) suggested a jointly authored article with myself and Wayne, looking at the case in more detail and lessons learned. This was published in Kai tiaki in May 2009. Wayne is looking at writing an investigative report of other HDC cases where pressure ulcers have been involved in a cause of death or poor care.

Wayne has also written a letter to Rae Lamb, Deputy HDC, highlighting the role of the PUWP in NZ, and some of its requests to the Ministry of Health, including the requirement for all healthcare institutions in NZ to undertake pressure ulcer surveillance, and the need to increase education in the area of pressure ulcers and also to provide funding.

A Grand Round presentation took place at Wellington Hospital in July where Rachel Taylor and Dylan Tapp from the Injuries Prevention Unit at ACC presented data about pressure ulcers and wound infection being a major cost for ACC funding. A positive meeting was held between Wayne, Jan and myself with Rachel and Dylan on 6.8.09 where we discussed the issue and gathered support from ACC. A formal letter of support from senior ACC managers will be gained in the near future. The full meeting report is attached.

I have continued to work with Jan and the Victoria University on translation and implementation of the National Survey Care Indicators New Zealand. The pilot study is planned to take place in early November

Carol Tweed Coordinator PUWP



Leg Ulcer Working Party

The LUWP was re-established in 2008 and comprises of NZWCS members with experience and a special interest in lower extremity wounds. The LUWP Terms of Reference and Project Time-Lines were finalised with the core group at the first face-to-face meeting held in Christchurch on the 26 September 2008. The LUWP have placed an expression of interest with the NZ Guideline Group to be involved when the Guidelines for the Management of Chronic Leg Ulcers are reviewed.

Current Members:

Core Group:

Pip Rutherford, Margaret Mossop, Kate Gray, Cathy Hammond, Julie Betts and Mandy Pagan

Support Group:

Sue McAuley, Jenny Phillips, Rowena McGrath and Elizabeth Goodfellow

The Group's first project is to redevelop the draft venous leg ulcer assessment form incorporating the NZ Guidelines Group Guidelines for the Management of Chronic Leg Ulcers. The first review occurred with the core and support group. These results were then analysed and an updated form was developed. This form was evaluated over March and April 2009 in seven different clinical settings including primary, secondary and intermediary areas. Trial leaders' evaluations were collated and reported to the core group.

A teleconference meeting of core members was held on the 28 July and further modification of the form is currently occurring with the development and support of a venous ulcer clinical pathway. The core group envisages the form will be released for final review with the NZWCS Committee by the end of August 2009.

Mandy Pagan Coordinator LUWP



Conference 2009

Conference Report

The NZWCS biennial conference was held in Napier in May 2009 with an Art Deco theme linking the shapes of the Napier City Architecture with the shape of wound management for the future.

There were over 320 delegates from nursing, podiatry, medical, clinical management, pharmacy, tertiary education and wound-related industry backgrounds.



Programme

Our challenge was to design a conference programme that provided relevant information and knowledge to clinicians with a wide range of expertise. A review of the registrations indicated that delegates were drawn from across New Zealand and Australia and working in a diverse range of practice settings including hospitals, residential care, clinics, hospice, emergency departments/centres community care, general practice, rural centres, service provision agencies, prisons and patient's homes.

Speakers from the Netherlands, Australia and New Zealand presented on a wide range of topics. Keynote speakers were Jan Rice from Australia and Mr Richard Wong She, Director of the National Burn Unit at Middlemore Hospital. Invited Speakers included Erik De Laat, who had travelled to NZ from the Netherlands, and local speakers Dr Bob Butler, Angela Bayley and Dr Richard Meech.

Over 200 delegates completed evaluation forms and the overall programme was given an average or above average by all those who provided feedback. In fact 69% of people gave the programme a top ranking of 5. We also received some valuable ideas on topics for future conferences, including pain and palliative wound care.

Workshops

It was recognised that many delegates would have diverse interests in wound management and a mix of skills. Four concurrent workshops were organised to allow delegates to participate in practical "hands-on" sessions provided by expert clinicians from New Zealand and Australia.

- Stream one focused on wound assessment and measurement, dressings, nutrition and pressure mapping.
- Stream two was more technically orientated with clinical photography, Doppler assessment, negative pressure wound therapy and using the internet to research the literature.
- Stream three was aimed at complex wound aetiology, debridement and an update on honey research and wound care.



• Stream four was centred on diabetic foot assessment and management.

We were grateful to the workshop presenters who willingly gave up their time to share their experience.

Abstracts

Abstracts were received with 5 oral presentations and 12 poster presentations, which were displayed in the Internet Café. Prizes were awarded to the best oral presentation and best poster.

Trade Exhibition

We were delighted with the great support and sponsorship from the trade exhibitors, and their willingness to share resources, samples, guidelines, product information, equipment displays and clinical expertise. The exhibition area was a popular destination during meal breaks, where representatives were able contribute to the positive experience for delegates.

Social Activities

A cocktail hour on the first day in the Exhibition Area was a great starting point for socialising, networking and enjoying local wines and food. The dinner, attended by over 260 delegates, was a great success and every one got into the groove in Art Deco attire. A local band "Naked Gun" had the dance floor packed within the first song! Photos can be viewed on the website at <u>www.nzwcs.org.nz</u>.

Financial

The financial position of he NZWCS has been strengthened by this conference. We were so well supported by the number of delegates, which exceeded anticipated numbers. In addition, the hard work of organisers, who generously donated so much of their own time, was a valuable asset. The NZWCS team, in collaboration with the expertise in event management provided by Ali Copeman from AKB Conference Management Ltd, allowed us to avoid pitfalls and unexpected expenses.

In summary the success of this conference was due to a great team that supported us in Hawke's Bay.

Pip Rutherford Conference Convenor



Area Coordinators

Area Coordinator Reports

Area 1 and 2: Northland & Auckland Committee Member: Trish Johns Area Coordinator: Liz Milner

Area 3: Waikato

Committee Member: Area Coordinators: Study Evenings

Rowena McGrath Angela Carter & Anna Campbell

Julie Betts, Nurse Practitioner Wound Care, presented two sessions. The first was a thought-provoking session on the interpretation of "Cost Effective Dressings". This she defined as the balance between the resource costs of a particular intervention and the health benefits, the economic evaluation of the methods of treatment in terms of cost/unit and the clinical effect. The take-home messages were that modern dressings are more cost effective than traditional; however, there is insufficient objective evidence to identify which modern dressings are most effective. Julie gave us a simple tool to measure cost effectiveness. Her second presentation "Leg Ulcer Management – What does the Evidence Show?" highlighted the significant impact of leg ulceration, importance of accurate diagnosis and treatment through high compression therapy and use of compression hosiery in order to minimize the risk of re-ulceration.

Carol Lee, CNS Stomal Therapy, presented an over view of current practice related to the care of patients with complex stomas. This included an explanation of the surgical techniques commonly used, post operative complications encountered and presented case studies which initiated lively debate.

We are currently planning our education sessions for the remainder of 2009-2010. Claire O'Shea, a Podiatrist with a specialist role in diabetic foot management will be presenting on 22nd September 2009 at the Bryant Education Centre.

We take this opportunity to thank speakers who have been willing to give up their own time to share their knowledge with us and our members who continue to support us.

Area 4 & 5: Rotorua/Taupo/BOP

Committee Member /

Area Coordinator: Diane Hishon

Our group of motivated nurses meets every 3 months at Tauranga Hospital. Over the past 12 months our membership has remained stable.

We are fortunate to have company sponsors who provide a light supper, and have a product table. The Representatives also share for 10 minutes on one of their products. Our educations sessions are varied:

 On August 11th a group of nurses who were fortunate to attend the 2009 NZWCS Conference will be sharing knowledge learned at the meeting.



- May 2009 one of our hospital Dieticians presented on Nutrition & the impact of malnutrition on wound healing. Her presentation covered nutritional assessment, a screening tool (MUST) and why a referral to a Dietician is important.
- February 2009, we had a session on Wound Bed Preparation & TIME which was a good update.
- November 2008 we joined with an international link with Steve Percival (Microbiologist) from the UK. This was sponsored by ConvaTec. A great session.
- August 2008, one of our Diabetic Specialist nurses presented on Diabetes Patients with wounds. She explained the complexity of Diabetes and how this affects cell function and how the altered metabolism complicates the wound healing process. It was a very good reminder how metabolic diseases can affect wound healing.

Area 6: Manawatu/Wanganui

Committee Member: Desley Johnson Area Coordinator: Ros Mead

Area 7: New Plymouth/ Taranaki

Committee Member:	Vacant
Area Coordinator:	Chris Gruys

Area 8: Wellington

Committee Member: Paula McKinnel Area Coordinator: Carol Tweed

Wellington currently has in excess of 50 Full Members and 5 corporate member groups. Evening seminars are held approximately every 2 months and regularly attract in excess of 50 people. The seminars have been well supported by industry, with a number of companies sponsoring the catering and providing trade displays. Topics covered in the past year have included:

- Nutrition
- Wound infection
- Wound care in different beliefs and cultures
- Dermatological issues and wounds
- Burn injuries
- Eczema

Area 9: Nelson/Motueka

AreaCoordinatorCommitteeCommitteeMemberSue RossiterMember/AreaCushlaArnot(Nelson):Coordinator – Motueka:(resigned)InNelson on the 11May LindaJackson from Smith and Nephew had a goodresponse to a wound care evening, needing to repeat the evening on the 12 May.We ran two 1.5 hrs workshops on TIME:Principles of Wound Bed Preparation.We had about 45 participants on both evenings.The evening was interactive, involvinggroup work and lots of discussion from the individual groups and as a group on thewhole.Smith & Nephew kindly provided supper.



Participants ranged from RNs from GP surgeries, and from wards and rest homes. We also had three podiatrists attend, which was great, as well as Enrolled Nurses and carers, mainly from rest homes. It was a very successful evening with great positive feedback.

We are planning to hold the session again on the 19 August as a lunchtime meeting in Takaka and in the evening in Motueka.

Area 10: Canterbury

Committee Member: Val Sandston Area Coordinator: Dawn Sutton

Canterbury has been busy over the last 12 months putting on four education evenings. Our education evenings have been on 'Burns', Larval Therapy, How to Prevent Bugs Socializing in Your Wound Bed and Infection Control: A Bugs Life. However, due to the pandemic we decided it would be prudent to cancel the education session in June. We have continued using the Rolleston Lecture Theatre for our education evenings and, despite a few issues, this remains a popular choice.

We had also hoped to get regular videoconferencing up and running to allow areas such as the West Coast and Timaru access to the education evenings without having to travel. We had been approached by Mobile Surgical Services to allow our evenings to be video conferenced, as their funding was linked to them assisting groups such as ours. However, due to technical difficulties (and some political issues) in setting these links up this has not happened as yet. We are still in contact with Mobile Surgical Services and we hope to see it set up in the next 12 months.

Canterbury had a good representation at the Wound Care Conference held in Napier in May. Canterbury would like to extend our thanks to Pip Rutherford and her marvellous organizing committee for the wonderful (and educational) time we had there. The weather was good too – which was a change from what we had been having down here!

Canterbury has been successful in its bid to host the next NZWCS National Conference. We have started planning and are looking forward to seeing you all down here in 2011!

Lastly, I would like to thank all the members of the local committee for their help and support over the last year.

Area 11: Dunedin

Committee Member/ Area Coordinator: Emil Schmidt

Area 12: Southland

Committee Member/ Area Coordinator: Mandy Pagan



Area 13: Hawke's Bay

Committee Member Pip Rutherford / Area Coordinators: Marilyn Harkness

The main focus of the Hawke's Bay Area has been organisation and running the 2009 NZWCS Conference.

Area 14: West Coast

Committee Member: Vacant Area Coordinator: Vacant



Treasurer's Report

Financial Report

This Financial Report summarises the Society's accounts as at 30 June 2009, including a statement of income and expenditure for the past financial year.

Income

Subscriptions

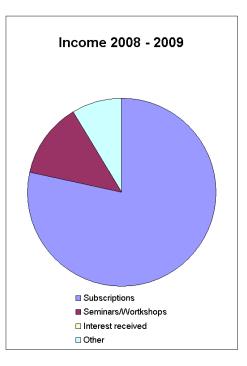
Subscriptions income is down \$10,320.66. The treasurer was on leave during the month of June. The bulk of new subscriptions (\$12,950) therefore were processed in July 2009, the current financial year.

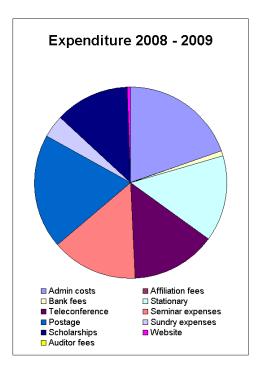
Seminars/Workshop

The NZWCS Napier conference account hasn't been closed off at the writing of this report. However, we anticipate a substantial profit as a result of that very successful and exciting event.

Other

Two cheque refunds from Corporate Express (\$993.00) and Cambridge media (\$1,342.00)





Expenditure

Overall, expenditure is slightly down from the previous year, by \$630.

Stationary

Up \$1,064; Corporate Express was paid twice; refunded as stated in Income.

Teleconference

Up \$1,629; The NZWCS held nine teleconferences this year compared to seven in the previous year. Telecom charges between \$20.00 and \$25.00 for each participant.

Postage

Up \$3,484.93; Cambridge Media was paid twice; cheque refunded as stated in Income.



Scholarships

Down \$2,453; due to some scholarships not being awarded this year. The NZWCS also sponsored the president to attend the WUWHS conference.

Member funds

BNZ Term Investments

\$22,662.05

The term deposit is for one-year term at a rate of 4.0% maturing at 11 July 2009. At that date net interest is to be added to the original investment and invested for another one-year term.

BNZ Term Saver

\$40,629.41

The term deposit is for a 30-day term at 3.0% maturing at 22 July 2009. At that date net interest is to be added to the original investment and invested for another 30-day term.

Conference payment in advance

The NZWCS conference made a surplus of \$32,941.96 in April 2008. \$23,941.96 was paid to NZWCS and is included in seminars/workshops/courses income. The balance of \$9,000 was held in the account to act as a seeding fund for the Napier conference in 2009

GST

The financial statements have been prepared on a GST inclusive basis, as NZWCS is not registered for GST.

No allowance has been made for income tax as we are applying for tax exemptions as part of our registration with the Charities Commission. We need to confirm this status.

There have been no changes of accounting policies during the year.

The NZWCS member funds have decreased from \$91,949 to \$82,979 when compared with the previous year. This represents a negative surplus of -\$9,971. This can be attributed to a delay in processing membership renewals, as well as increased expenses for postage (due to a rise in membership numbers) and teleconferences. The loss can also be attributed to conference profit not being finalised in this financial year.

Emil Schmidt NZWCS Treasurer



Financial Statement

Statement of Income and Expenditure for the Year Ending 30 June 2009

_	2008-09	2007-08
<u>Income</u> Subscriptions	\$21,565	\$31,886
Seminars/Workshops courses	\$3,601	\$47,172
Trade displays	ψ0,001	φ+7,172 \$0
Interest received		\$1,904
Other	\$2,387	\$350
Total income	\$27,553	\$81,312
Expenditure		
Admin costs	\$7,176	\$7,673
Affiliation fees	\$0	\$1,346
Bank fees	\$330	\$238
Stationary	\$5,281	\$4,218
Teleconference	\$5,154	\$3,525
Seminar expenses	\$5,331	\$7,573
Postage	\$7,012	\$3,527
Sundry expenses	\$1,450 \$4,550	\$985 ¢7.002
Scholarship Website	\$4,550 \$239	\$7,003 \$391
Auditor fees	φ 2 39	\$675
—	¢26 522	
Total expenditure	\$36,523	\$37,153
Excess income over expenditure	-\$8,971	\$44,158
Balance Sheet as at 30 June 2009		
Current Assets		
BNZ Cheque Account	\$11,913	\$20,824
BNZ Term Investment	\$22,662	\$21,617
BNZ Term Saver	\$40,629	\$39,267
Conference payment advance	\$9,000	\$9,000
Less un-presented cheques	-\$501	
Less Withholding tax to be paid	-\$725	\$1,242
Total Current Assets	\$82,979	\$91,950
Balance at beginning of the year	\$91,949	\$47,791
Current year cash surplus	-\$8,971	\$44,158
Members funds (this financial statement has not been audited)	\$82,979	\$91,949

(this financial statement has not been audited)





NEW ZEALAND WOUND CARE SOCIETY

The New Zealand Wound Care Society Incorporated Annual Report 2009 Prepared by Wayne Naylor, NZWCS President

Website: http://www.nzwcs.org.nz

Contact: NZWCS Administrator administrator@nzwcs.org.nz