# Tissue Issue

New Zealand Wound Care Society Newsletter Issue November 2015

Issue 22 -

New Zealand Wound Care Society

#### Welcome

Welcome to the first NZWCS Newsletter of 2015. We have timed the new launch to coincide with STOP PI Day 2015. You will hopefully find some interesting articles, details of how to get your hands on resources to promote Pressure Injury Prevention Day or even be inspired to be involved in your area. Tissue Issue will have an Educational Focus with indepth articles on a different topic every 2 months. Also we will highlight a different Area of the NZWCS so that you can each update us on Wound Care in your Area. Please send photos (not too big), articles, book reviews, nursing jokes etc. to share with the rest of the membership. Send these to administrator@nzwcs.org.nz make sure you mark them as items for Tissue Issue.

#### Inside this issue

- Welcome
- From the President
- Bullet points from National
  Committee meeting held

#### on

- 12th October
- STOP PI Day info
- Focus Topics for Tissue Issue
- Competition

Articles for Tissue Issue to be submitted to: Jeannette Henderson administrator@nzwcs.org.nz 2 weeks prior to issue.

What is the New Zealand Wound Care Society? The NZWCS is a voluntary organisation made up of health care professionals from a variety of disciplines who share a common

#### A note from the President

Greetings to you all! This is our first edition of the relaunch of Tissue Issue, We hope you like it. Tissue Issue will keep you up to date with the society's charitable work every two months via mail chimp. A standard item of each newsletter will be a summary of the bimonthly national committee meetings. Of course, the full minutes can be found in the membership section of the Society's website. This first newsletter concentrates on the STOP **PI Global Awareness Day** on Thursday 19th November 2015. The Spanish wound care society began this initiative in 2012 and since then has been picked up by many wound care societies around the world. I am proud to say that the NZWCS has been involved right from the beginning, and like the

interest in wound management. As an organisation it gives its members an opportunity to share experience,expertise and knowledge providing a forum to network with other members throughout the country.

Currently there are fourteen branches New Zealandwide. Each has an area coordinator and a national committee member. The area coordinator is responsible for coordinating meetings and seminars for the local branch members, while the national committee member represents each branch at a national level. In some areas these duties are undertaken by the same volunteer.

For more information membership forms visit: www.nzwcs.org.nz

National Committee and Area Coordinators President - Emil Schmidt Vice-President - Prue Lennox Treasurer - Rebecca Aburn Area 1 & 2 - Northland & Auckland Prue Lennox & Alan Shackleton Area 3 - Waikato Maria Schullum saying goes "from small things big things grow" because this year, for the first time we are working with the Ministry of Health, the Health Quality and Safety Commission and ACC to raise the awareness to a much greater level. The Pressure Injury advisory group and in particular Prue Lennox, Vice-President, are liaising tirelessly with these government agencies. You can read more about planned activities later in the newsletter.

We need your help! We are keen to find a new name for "Tissue issue". The new name should bear in mind the idea behind the revamp (newsletter) which also contains a selected wound care topic with each edition. So, put your thinking hats on, have a chat to friends and colleagues and email your ideas to us. There will be a nice prize too!

Best wishes, Emil Area 4 & 5 - Tauranga & Lakes **Rebecca Dawson** Area 6 -Manawatu/Wanganui **Desley Johnson** Area 7 - Taranaki Chris Gruys & Suzanne Smith Area 8 - Wellington & Lower NI Kate Gray & Paula McKinnel Area 9 - Nelson & Marlborough Susie Wendelborn, Noreen Sargent & Melanie Terry Area 10 - Canterbury Pam Mitchell & Cathy Hammond Area 11 - Otago Rebecca Aburn & Anne Sutherland Area 12 - Southland Mandy Pagan & Phylis Harvey Area 13 - Hawkes Bay & East Cape Wendy Mildon Web Management - Wayne Naylor Administrator - Jeannette Henderson administrator@nzwcs.org.nz

## Bullet Points of the Minutes of the last National Exec meeting

#### President's Report

- STOP PI Day is fast approaching 19<sup>th</sup> November 2015 what are you going to be involved in?
- Thank you to those members who completed the Survey. We had very positive feedback and some great ideas of what you would like to see on the NZWCS website which we are looking at developing.

#### Leg Ulcer Advisory Group (LUAG)

• Small Working Groups have been allocated for critiquing the literature for the VLU Guidelines. Awaiting on instruction from AWMA when this will commence.

#### Pressure Injury Advisory Group (PIAG)

- STOP PI DAY Thursday 19<sup>th</sup> November 2015 mark in your diaries lots to organise. Watch this space
- Printing quota has been sent to AdPrint
- Gov't agencies are endorsing most of the resources that will be available

#### **Treasurers Report**

- Current Account = \$26,467.28 as at 30<sup>th</sup> September 2015 boosted by NZWCS share of Int'l Pressure Injury Guideline sales.
- Investment Account = \$67,330.27 as at 30<sup>th</sup> September 2015

#### Professional Conference Organiser Decision

 akB Limited has again been chosen to be the preferred PCO for the NZWCS Conference in 2017

#### Survey of Society Members

• Feedback very positive – National Committee to investigate 'Forum' discussions via website, more educational opportunities, more communication between NZWCS members (re-launch of Tissue Issue)

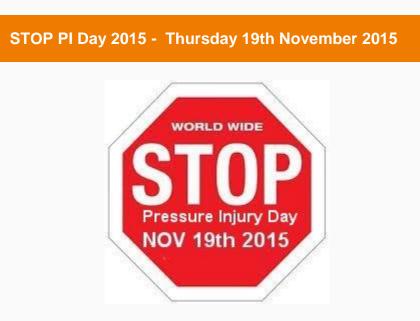
#### Memorandum of Understanding with AWMA

- After 2 years of discussion on cost of e-journal, this is now being offered free of charge by AWMA
- Emil to re-draft MoU between NZWCS & AWMA for approval at next National Committee meeting in December.

#### **Tissue Issue**

- Great tool for communicating with members. We will have Focus Topics & Area reports -It will contain the Bullet Point minutes and President's report and will be sent out every 2 months
- Re-launch soon with a competition for a new name for the newsletter, something punchier.

First one will advertise the topics of the future editions. First topic will be on Skin Tears. Different regions can contribute.



Resources Available to order and to download from the NZWCS website

Thursday 19th November 2015 is the Global Awareness Day Mark this day in on your calendars and make sure that you host an event, help out at your local event or at least attend an event.

Resources that will be available from the NZWCS website are:

- Pressure Injury Presentation to be delivered by Health Professional with some knowledge
- Posters to put up at work
- Patient Leaflets to hand out
- 'How to Classify & Record Pressure Injuries' 1 page hand-out
- Check out this video from YouTube: http://www.youtube.com/watch?v=Syc-hByVGF0

Please find a list of Education events, displays, talks, etc. that are being run around the country.

Please get involved with the day, ask if you can help out in any way with your local event.

We are going to run a 'Photo Competition' for the best photo that captures your event. The winners will receive a copy of the 2014 International Pressure Injury Guidelines for their place of work and some treats to share with colleagues. Submit your photo as soon as possible after your event has finished. Judging will take place once all events have been completed.

### **Events for STOP PI Day 2015 around the country**

**Auckland -** Patient Safety week 2nd November + awareness throughout Middlemore hospital on the day by the Pressure Injury Prevention team.

Tauranga – Study Day run by Dawn French

Waikato – HQSC promoting the day at Waikato hospital. Some smaller areas are running own events Also Waikato will be holding an Education Evening 24 Nov – 'Dressing Products – Matching products to Wounds'

**Hawkes Bay** – Hospital Foyer & Ward displays. Education Day 16<sup>th</sup> Nov (showing DVD) **needs help** also hope to do some Education in the Aged Care sector at some point (TBA)

Manawatu/Wanganui - Education Centre Presentation + Hospital foyer awareness display

Taranaki – Snap shot incident study (subject to staff availability) + Risk

assessments for patients

Wellington – Education Seminar 17 Nov – 'Pressure Injury Management'

**Blenheim** – Wairau Hospital 'Wound in Service' 19<sup>th</sup> Nov integrating a session on STOP PI's + posters around the hospital

Nelson – Educators at hospital to put up display and hand out leaflets
 Canterbury – Education Evening 11 Nov – 'No Pressure, No Crater'
 Otago: Information table, teaching sessions on PI prevention, DHB newsletter, ward displays

**Invercargill** – Hospital corridor board display + inside & outside wards displays

This year will be the best ever as the NZWCS, Ministry of Health, ACC, HQSC & First Do No Harm are all involved in raising the awareness of Pressure Injuries.

#### Let's get the message out there!

#### FOCUS TOPICS TO BE COVERED OVER THE NEXT YEAR BY TISSUE ISSUE

These are in no particular order, just a few ideas to get your juices flowing, so to speak.

- Focus on infection
- Decoding diabetic foot ulcers
- Preventing pressure injuries
- Getting to grips with grafts
- Spotting a skin cancer
- Feeding your wound understanding nutrition
- Best practice with burns
- Leg Ulcers overcoming the key challenges
- How to heal
- Fistulas
- Pilonidal sinuses

- Dehisce abdominal wound
- Diabetic foot ulcers
- Skin tears
- Wounds in the elderly

## Competition to rename Tissue Issue - closing date 15th January 2016

We want you to rename 'Tissue Issue' to something a bit more punchy and a little less dry. Got any ideas?

Email your idea along with your name by Friday 15th January 2016 to administrator@nzwcs.org.nz

We will judge the submissions and the winning name will receive a prize.

Tissue Issue will remain named as such until a new name has been chosen.

To Contact the New Zealand Wound Care Society please email administrator@nzwcs.org.nz

- Email all Photos from STOP PI Day 2015 (not too big)
- Email all 'Rename Tissue Issue' entries (clearly marked)
- Email all contributions to future newsletters 2 weeks before issue release

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