



TISSUE ISSUE

**Issue Four
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New Zealand Wound Care Society Newsletter
For more information & membership forms visit: www.nzwcs.org.nz

Editors of Tissue Issue

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What is the New Zealand Wound Care Society?

The NZWCS is a voluntary organisation made up of health care professionals from a variety of disciplines who share a common interest in wound management. As an organisation it gives its members an opportunity to share experience, expertise and knowledge providing a forum to network with other members throughout the country.

Currently there are fourteen branches New Zealand-wide. Each has an area coordinator and a national committee member. The area coordinator is responsible for coordinating meetings and seminars for the local branch members, while the national committee member represents each branch at a national level. In some areas these duties are undertaken by the same volunteer.

Welcome to the fourth publication of Tissue Issue.

We hope you all had a great Christmas and new year and are ready to face your new challenges in 2008!

WOW! What a great conference in Queenstown (yes the editors and conference organisers are totally unbiased!!). The Society has received excellent feedback from both invited speakers and delegates. We now look forward to the Societies next conference in Napier 2009. Check out the conference highlights in this issue.

We have gratefully received an article on 'Pressure Ulcer Prevalence and Incidence Measurements: What, When and Why?' by Jan Weststrate (RN, PhD) Victoria University Wellington; this article is available on the Societies website www.nzwcs.org.nz and will be forwarded to area co-ordinators. Please check the website or contact your local co-ordinator if you wish to receive a copy of this; special thanks to Carol Tweed for facilitating this.

If you would like to publish in the next newsletter please do not hesitate to contact the editors. We would be happy to publish your case studies or practice tips to inspire others.

Conference Feedback

Queenstown provided wonderful surroundings and weather for the NZWCS Conference held 8-10th November 2007. The conference was attended by 320 delegates (24 Trade Exhibitors) and supported by eight wonderful invited speakers (including ours truly Jenny Phillips!). The programme boasted twelve abstract presentations and 16 poster presentations, congratulations to you all and the poster prize-winners. Thank you to the Conference Organising Committee and Ali Copeman akB Conference Management Limited who kept us on track; Alison Dixon our Conference MC, our wonderful speakers, exhibitors (especially ConvaTec and Smith & Nephew conference gold sponsors) and for all of you who attended and made this conference a success!

The conference dinner was very entertaining with fabulous headwear creations exhibiting the 'extreme headwear theme'. The band 'Point Blank' from Dunedin entertained us and kept the dance floor full from the first to last song of the night. Thanks to all those great impromptu singers and the air guitar fanatics you all rocked!!

Becs & Mandy



Now that's what I call a hat!
Winner of the extreme headwear competition Shelley Tau from the Dunedin District Nursing Service.

The extreme size, colour and nesting birds caught the judge's attention!!

Inside this issue:

- Welcome!
- Conference Feedback
- President's Report
- Area Co-ordinator Feedback
- Topical skin care in aged care facilities
- Conferences
- Websites of interest

Presidents Report

NZWCS National Committee & Area Coordinators

Jenny Phillips President
Emil Schmidt Treasurer & Area Coordinator Dunedin
emils@healthotago.co.nz
Jeannette Henderson Administrator
Susan McAuley Education Events Coordinator
Liz Milner Committee Member & Area Coordinator Auckland
Rowena McGarth Committee Member Waikato
Angela Carter & Anna Campbell Area Coordinator's Waikato
Diane Hishon Area Coordinator Rotorua/Taupo/BOP
Christine Cumming Area Coordinator Manawatu-Wanganui & **Desley Johnson** Committee Member
Chris Guys Area Coordinator New Plymouth / Taranaki
Carol Tweed Committee Member & Area Coordinator Wellington
Pip Rutherford & Marilyn Harkness Area Coordinator's
Sue Rossiter Area Coordinator Nelson
Cushla Arnot Committee Member & Area Coordinator Nelson / Motueka
Dawn Sutton Area Coordinator Canterbury & **Pam Mitchell** Committee Member
Rebecca Aburn Committee Member & Area Coordinator Dunedin
Mandy Pagan Committee Member & Area Coordinator Southland
Chris Black Area Coordinator West Coast

Amazingly we are already into another year, and February already! 2007 saw growth in the Society and several very successful study days and/or meetings around the country, maintaining our aim to provide education to improve wound management. Membership presently stands at:

Full members; 408

Corporate members: 28

Commercial members: 7

Full membership does increase in conference years; let's hope we can retain members who joined for the conference and build up even more. A rise in subscriptions was put off, because of the success of the 2007 conference in Queenstown - many thanks to the South Island for this. Those of you who were not there missed out, and in addition to the conference, Queenstown put on its best weather for us, which was great for those whose partners had accompanied them for some down time.

Disappointingly few people voted (30) for their conference preference for 2009; it was between Rotorua and Napier, and thank you to members from there for putting your profiles on the website. Despite the poor return rate, Napier was the clear winner, so this is where the conference will be in 2009. In 2011 it returns to the South Island.

Mandy Pagan is now heading up the Leg Ulcer working party and Carol the Pressure Ulcer one; both provide regular updates on the website.

Scholarships applications were not fully subscribed, despite extending the closing date to the end of November, but 4 have been awarded, 2 for post-graduate study and 2 for attendance at an international conference. Don't forget, if you want to apply for one in 2009, the closing date will be in October so that we can process them before the new academic year begins. Full dates will be on the website nearer the time, but the application details remain the same.

Not much else has happened in the holiday season, except for some more alpaca babies and making hay, which in this drought we are having in the Manawatu, was gathered in with no hiccups!!! Go well in 2008.

Jenny Phillips
President
NZWCS

Area Co-ordinator Feedback

Pauline Mayne

Wednesday the 10th October 2007 we held an education evening on 'Diabetes and Wound Healing'. There were over sixty attendees. The guest speakers from Christchurch Diabetes Centre were Karyn Balance, Diabetes Specialist Podiatrist, Marion Grenslade, Clinical Nurse Specialist in Diabetes and Sarah Livesey, Diabetes Dietician. Attendees were left in no doubt about the role of the Diabetes Centre and the importance of prompt referral for clients with diabetic foot ulcers. The evening was sponsored by Convatec, who provided supper to conclude a very successful evening.

Carol Tweed

Of interest is the news that the international (a joint initiative by EPUAP and NPUAP) PU prevention and management guidelines are almost complete and will be ready for formal review by the end of March 2008. I have registered NZWCS as a stakeholder. If you wish to be involved by reviewing the draft publications, please let me know and I will forward information as and when I receive it. Further details can be found at: <http://pressureulcerguidelines.org/prevention/stakeholders/>

NZWCS Education Events Coordinator Sue McAuley, email: mcauley.s@xtra.co.nz

Sue's Role:

- Educational liaison between NZWCS National Committee, Area Coordinators and Commercial members.
- Liaise and assist Area Coordinators to plan wound education, utilizing opportunities of international and national speakers.
- Plan and coordinate advanced wound care study days.

Websites of Interest from Conference Presentations

www.tendra.com

Check out the 'heal not hurt website'; or click on the tab 'Wound Care Products' then 'Documentation' then click on 'Best Practice Documents' here you can download the EWMA Position document on Pain at wound dressing changes' and the 2004 'Principles of best practice: Minimising pain at wound dressing related procedures. A Consensus Document. London: MEP Ltd.

www.worldwidewounds.com

Pain at wound dressing-related procedures: a template for assessment. (2005, Hollinworth, H.)

www.medscape.com

A holistic approach to wound pain in patients with chronic wounds (Price, P.)

www.worldwidewounds.com

Wound Bed Preparation. (2002, Vowden, K., Vowden, P.)

www.worldwidewounds.com

Extracellular matrix: A review of its roles in acute and chronic wounds. (2005, Schultz, G., Ladwig, G., Wysocki, A.)

www.nzps.org.nz

this is the official site of the NZ Pain Society Inc.

www.minoritynurse.com/features/health/08-10-04a.html

pain interventions that help overcome communication and cultural barriers

http://www.joannabriggs.edu.au/pubs/best_practice.php

Joanna Briggs Institute promoting and supporting best practice; check out the free download information sheets.

Joanna Briggs Institute (2007). Topical skin care in aged care facilities.11(3).

Implications for practice:

- Disposable body worn absorbent products should be favoured for use to protect skin condition in incontinent older adults in long term care.
- A no-rinse cleanser containing the ingredients described for Clinisan can be applied during daily care for at least 14-days to reduce the risk of pressure ulcer formation in patients in long term care.
- Emollient soaps are more effective in prevention of skin tears than non-emollient soaps.
- The zinc cream, Sudocrem, if used for at least 14-days can reduce skin redness caused by incontinence in older adult patients in long term care.
- The no rinse cleansing product Bag Bath/Travel Bath can be used to reduce the overall dryness of skin and most specifically flaking and scaling when used for normal bathing practice over a period of at least 6-weeks.

World Union of Wound Healing Societies

Toronto, Canada; 4-8 June 2008

For up-to-date information visit www.worldunion2008.com

Themes: "Evidence, Participation and Team work" overall theme: "One Problem – One Voice"

Registration due March 31, 2008

7th Australian Wound Management Association National Conference

Darwin Entertainment Centre & Holiday Inn Esplanade; 7-10 May 2008

Programme updates www.awma.com.au

Theme: "Dreams, Diversity, Disasters"

Close of early registration 29 February 2008

4th Australian Nurse Practitioner Association Conference

Telstra Dome, Melbourne, Victoria; 26 - 28 October 2008

Conference Themes

Abstracts (due May 1st 2008) are invited on the following themes:

- Education
- Research
- Practice
- Promotion of the NP Role

Conference Secretariat

Conference Design Pty Ltd

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2008 Covidien 'Infection Control Scholarship' Program

This ongoing scholarship program is designed to support and encourage Australian and New Zealand Healthcare employees working in infection control procedures, research and best practice in the clinical areas of sharps safety, urology, continence, **wound care**, airway management, patient suctioning and oximetry monitoring, to share their successes and innovations and to gain support for further work in these areas. A maximum of AUD \$30,000 has been made available to fund infection control projects in the above clinical areas over the period 1st January 2008 to 31st December 2008. Applications close 31st March 2008.

For more information or application forms contact: Tony Poulton - Director of Medical, Covidien
Email: tony.poulton@covidien.com

Next issue Topical Negative Pressure Wound Management July 2008

This is your newsletter so get involved and contact Becs or Mandy with any ideas, tips, case studies or websites of interest