

ANNUAL REPORT 1 July 2018 – 30 June 2019

Advancing practice and knowledge in wound management He ahu umanga ngaio hei whakamahu poka

INTRODUCTION

The New Zealand Wound Care Society Inc (NZWCS) is a voluntary organisation made up of health care professionals from a variety of disciplines who share a common interest in wound management. As an organisation it gives its members an opportunity to share experience, expertise and knowledge providing a forum to network with other members throughout the country. The primary objectives of the society include:

- Improve outcomes and quality of life for patients with wound and skin integrity problems.
- Provide and encourage best practice wound management across all health care settings.
- Be a recognised voice at national and local level in any issues relating to wound healing or maintaining skin integrity.

To achieve this, we focus on education and professional development, as well as fostering and encouraging an evidence-based approach to wound management. We hold regular local education sessions and study days, organised by Area Coordinators, and a biennial national conference.

Currently there are thirteen NZWCS branches across New Zealand: Northland, Auckland, Waikato, Rotorua/Taupo, Bay of Plenty, Manawatu/Palmerston North/Wanganui, New Plymouth/Taranaki, Hawkes Bay, Wellington, Marlborough/Nelson, Christchurch, Dunedin, and Southland.

The NZWCS is a registered Incorporated Society (No. 671834) and a Registered Charity (No. CC44360).

President — **Prue Lennox** Vice-President – **Mandy Pagan** Honorary Treasurer — **Rebecca Aburn** Administrator — **Jeannette Henderson**

PRESIDENT'S REPORT

Me mahi tahi tatou

Mo te oranga o te katoa

We must work together for the well-being of all



I would like to thank you all for your contribution over the last year. You give your time voluntarily to our charitable society and we all appreciate the positive impact this has on Health Professionals and support to New Zealanders with wounds.

Please take the time to read through our report. There are a significant number of work programmes underway. As members you may not have been aware of the scope of these, and by reading this report you may identify areas you wish to be involved in, we welcome hearing from you.

We are very proud to be presenting our first Strategic plan at this year's AGM.

This draft strategic plan identifies the NZWCS's vision, mission, values and strategic areas of focus for 2019-2024. NZWCS Executive Committee members, our administrator and external subject matter experts contributed to the creation of this strategic plan which will continue to build the society over the next five years 2019- 2024.

The NZWCS needs to enable health policy changes influencing decision making towards the creation of methods to improve outcomes, manage costs and reduce and manage wounds more efficiently and effectively. Through a variety of means the NZWCS must be able to affect policy, organisations, health care providers, consumers, clinicians and whanau at various levels.

Significant changes that can be influenced and improved include:

- the way wounds are assessed
- the way that consumers at risk are identified
- the approach to treatment
- the healthcare cost of all the above

There is an ongoing need for the implementation of international best practice into New Zealand. We must be continuously aware of competing priorities with skin and wound issues and must work to ensure wound management is at the forefront of the agendas of the influential bodies and top of mind for healthcare providers. In fulfilling this mandate, the NZWCS is committed to collaborate with organisations that have national and international networks and expertise.

The Society is focussed on establishing clear goals for the future. Achieving these goals is largely determined by the strength of partnerships and engagement of key stakeholders that together with the NZWCS support these efforts to improve the quality of wound management in New Zealand.

	Education & Professional evelopment	Relationships & Advocacy	& Innovation	
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- Implementation of our new 5-year Strategic Plan. This will help us to focus our work programmes and achieve our objectives. The strategic plan sets the direction for the future of the NZWCS. This draft needs to be completed, but we are well on the way. On an annual basis, the NZWCS will report to its membership on the implementation of the Strategic Plan.
- Finance Governance Group. In order to increase transparency of our financial reporting, forecasting and improved governance we have created a finance governance group.
- We will continue to prepare and deliver a programme of activities to educate, inform and serve the continuing professional development for people who have a responsibility for the delivery and provision of wound prevention and management.
- We expect to have new international best practice guidelines for venous leg ulcer and pressure injures becoming available in 2019 and 2020 and a planned rollout and implementation are being developed to support these.
- Increasing international networks and collaborations. We are working towards developing more robust networks with our Australian and Pan Pacific colleagues to share information and resources for the benefit of all.
- We will continue to engage with Government agencies such as ACC, MoH and HQSC as subject matter experts, and the society will increasingly become consultants that can invoice for our specialist services.
- To support relevant research opportunities that will raise the profile of wound management related research and best practice in New Zealand
- Membership has continued to increase; alongside this we are developing new ways to improve our membership offerings and experiences.

We had a fabulous conference in Dunedin in May. The speakers and quality of the programme is of an international calibre and the social function was magical! We look forward to planning 2021 in the North Island.

I would like to acknowledge Pam Mitchell and Susie Wendelborn who are stepping down for the Executive Committee this year. Susie has been an integral leader in the Nelson and Marlborough region and her expertise will be sorely missed. We thank her mentoring so many nurses and supporting positive outcomes for clients in the regions. Pam has been our representative in Canterbury for a very long time and over the last few years has been the NZ representative for the International Pressure Injures Guidelines. Pam is now stepping down from this group, to which they acknowledged Pam for her significant input and expertise over the years. Thank you, Pam, for representing NZ so well. We look forward to your ongoing engagement in Pressure injuries in NZ.

As you will know I am choosing to step down this year, allowing fresh leadership and opportunities for other people. I would like to extend a huge thank you to all the members, area coordinators, advisory groups, committee members and Jeannette for your support over the last few years. It has been a privilege to be able to support the Society as a committee member, Vice President and President. The Society is growing every year as a result of the hard work that has been put in by many people over many years. I have no doubt that we will see continued positive collaboration nationally and internationally for the Society because the leadership and passion is so strong.

Prue Lennox Outgoing President NZ Wound Care Society

FINANCIAL REPORT

Treasurers Report 2019

The following financial statements are from the most recently financial accounts of the New Zealand wound Care Society prepared by Keogh McCormick, Chartered Accountants for the financial year ended 30 June 2019. Included are the finances from June 2018- to present.

The society is investing money to advance practice and knowledge of our members and colleagues through website update, scholarships, e-Journals education and improved access to information. We are also working with updating policy and guideline development nationally and internationally, specifically PUAG and LUAG.

What we have achieved:

- Website upgrade
- Conference Year!

-50000

- Grants and scholarships \$15,000 annually although not always taken up.
- PIAG \$5000
- LUAG- \$5000 not used for the 2018/19 financial year
- EAG- Website upgrade and education package Est \$10,000
- Leg Ulcer Guidelines Upgrade approximately \$25,000

2015/16

Commitment to keeping the annual fees at \$60 / person



■ Income ■ expenditure ■ profit / loss

2017/18

2018/19

2016/17

Profit / loss last 5 years





As we grow as a society so does our national and international relationships, involvement in guideline development, expert panels and Policy development expands, this puts added pressure on all our volunteers. We are a not for profit organisation and we have doubled our net worth in the last five years and have an income \$50,000 Other income: Subscriptions: \$24,000/yr Seminars: \$20,000 / yr Sponsorship also increasing 18/19 \$23,000

We have created Subaccounts for the 2018/19 year for added transparency:

Sub-ac	counts of NZWCS BNZ	Current Account		BUDG	θET	
001	General Account	Day to day running of NZWCS	Remaining Current Account Funds to run NZWCS - see next sheet for breakdown of month to month costs	\$	54,000.00	
	Sub Accounts			2019/20	020 Year	30/06/2019
	002	Pressure Injury Awareness	Funds for STOP PI and similar activities	\$	9,465.91	Protected
	003	Leg Ulcer Guideline Account	Funds set aside to assist funding the ANZ VLU Guidelines	\$	25,000.00	
	004	Research Grant	Funds set aside to fund a \$5000 Research Grant each year	\$	5,000.00	
	005	Samoan Foot Clinic	Monies raised to fund a Foot Clinic in Samoa	\$	-	
	006	NZPIAG Operating Account	Funds set aside for this group	\$	5,000.00	
	007	LUAG Operating Account	Funds set aside for this group	\$	5,000.00	
	008	Scholarship Account	Funds set aside to finance scholarships on offer	\$	9,500.00	
			7-4-1	¢	FR 005 01	
			Total	Ş	58,965.91	

On the table for discussion is still proposals for:

- A health professional who can work on many different projects that the NZWCS have happening now. The contract would vary depending upon the project and the candidate would need to be flexible. Researcher and project manager in one package. Propose 0.2 FTE (8 hours per week) For example an RN on step 6 as of May 2019 would have a base rate of \$75,132 per year. Cost per fortnight before tax \$577.92 per fortnight (taxed \$404.54) Per year \$ 15,025.92 depending on tax end up \$10,518.14. Propose we trial for a year and review the progress.
- Also increase in pay rate for Jeannette
- Increase in corporate membership fees
- Development of a governing financial group see Terms of Reference (TOR) this will help to enable the long-term management of the society as you can all see over \$300,000.00 passed through the books this year.

Thanks to all the National Committee members who have supported the changes over the last year and of course special thanks to Jeannette, Mandy and Prue for their continued advice and guidance. By being financially sustainable this will enable to society to engage in international and national guidelines groups and expert panels. Thus, enabling the aims of the society to be realised which are to:

- 1. To improve outcomes and quality of life for patients with wound and skin integrity problems.
- 2. To provide and encourage best practice wound management across all health care settings.
- 3. To be a recognised voice at national and local level in any issues relating to wound healing or maintaining skin integrity

Have wonderful conference and enjoy what the society has to offer, and I am looking forward to 2019 /20. Thank-you to Prue our outgoing president you are truly an inspiration and I have learnt a lot from you, I hope that we will continue to collaborate on many projects in the future!

Rebecca Aburn RN MN Treasurer NZ Wound Care Society

ADMINISTRATOR'S REPORT

You all continue to amaze me that you can hold down a full-time position and still have enough passion and energy left over to organise and be involved with a number of events and projects for the NZWCS.

This last year saw 7 regional study events, a STOP PI symposium and a national conference.

As you have read the NZPIAG, EAG and WBP continue to meet every month, with National Committee meeting every two months. Between all the above groups there are a fair number of Actions to follow up on to keep the momentum going. I am very happy to be able to assist the groups in this way.



I spent a few months last year assisting ACC in preparing the STOP PI Day resources and the distribution list for the NZ mailshot. I was also able to assist in the organisation of the STOP PI Symposium which was held at Parliament Buildings on 6 November 2018. Sadly, we were only allowed to have 100 delegates even though interest was a lot higher. All presentations were filmed and are available to view and show to colleagues from the NZWCS website. Good STOP PI resources.

Another amazing national conference held in Dunedin in May. I was very happy to be able to catch up with you there and enjoyed a 'full-on' 3 days in that beautiful city. Again, the presentations from the conference are available to view on the website, if you did not manage to be present.

I help Rebecca, our Treasurer, manage the day to day reconciliations of payments and bank payments so that, at the end of the year, our accountants can balance our End of Year accounts without too much trouble.

Membership continues to increase. The promotion of the NZWCS through Study Days, Seminars, Education Evenings and our conference has helped, and our new brochure is being sent around to education facilities and other health related disciplines. As a point of interest, we currently have around 60 members who are podiatrist. **Membership currently stands at:**

Full Members –	329
Corporate Accounts –	31 (equals another 620 members)
Commercial Members -	7

I have really enjoyed working with Prue as President, over the last 2 years. We also say good-bye to Susie Wendelborn and Pam Mitchell who both stand down from the National Committee role that they have held for ever. I will miss their passion and their humour. Well done to all of you who help make the NZWCS what it is, it is such a pleasure working with you all.

Jeannette Henderson Administrator NZ Wound Care Society

PRESSURE INJURY ADVISORY GROUP (PIAG)

Introduction:

New Zealand Pressure Injury Advisory Group (NZPIAG) consists of NZWCS members with expertise and a special interest in pressure injuries.

Current Members:

Pam Mitchell, Emil Schmidt, Wendy Mildon, Leanne Bolton, Prue Lennox, Sharryn Cook, Madelyn Premacio and Jan Johnstone

Activities:

Stop Pressure injury Symposium 6th November 2018. In conjunction with ACC, this symposium provided a wealth of knowledge from various speakers on evidenced based practice for prevention and management of pressure injuries. There were also trade displays, national initiatives, case studies and a panel discussion with representatives from HQSC and MOH. These presentations are available as resources on the NZWCS website.

Global STOP Pressure Injury Day 15th November 2018. The aim of the day was to raise awareness of pressure injuries with prevention and management guidelines. Facilitation of seminars and workshops were organised by regional area committee members and coordinators and the photographs received demonstrated the diversity of the education given.

International Pressure Injury Prevention Guideline 2019 - Pam Mitchell will attend the launch of the guideline in Los Angeles, USA 15 & 16 November 2019. Pam is part of the Pan Pacific Pressure Injury Assoc (PPPIA) and together with representatives from EPUAP and the NPUAP have formed the Guideline Governance Group (GGG) to update the international PI guideline. This document includes the latest evidence and will be an invaluable resource for all health care professionals and institutions.

Aged Care Facilities (ACF) – In ACF there is a lot of disparity in equipment. A guideline is to be developed, in conjunction with ACC, which outlines the responsibilities of ACF to provide suitable equipment and will enable national consistency to prevent and manage pressure injuries.

ACC Guiding Principles document. This document is being implemented by almost all DHB. ACC has funded positions for 2 years to implement the 6 guiding principles in pressure injury prevention

STOP PI Day 2019 - NZPIAG and ACC are in the process of updating and redesigning resources for the 2019 campaign and this is expected to be ready for NZWCS members to use by STOP PI Day Thursday 21st November 2019. **SAVE THE DATE** - This year STOP PI day will fall on - **Thursday 21st November 2019**. Focus will be on launching the new international PI prevention guidelines, local activities and distribution of newly redesigned resources.

The NZPIAG would like to thank Pam Mitchell, who will be stepping down from the PPPIA role once the guideline has been launched in November, for her dedication to the NZPIAG. Pam has worked tirelessly on the PPPIA & GGG ensuring that New Zealand and the NZWCS are fully represented. She has had to travel to face to face meetings, but most of the work has been done via teleconference in the wee small hours of the morning. Thank you to all our members who give freely of their time to support this group and thank you also to Jeannette, our administrator, for her support.

Author: NZ Pressure Injury Advisory Group



STOP PI Symposium 6 Nov 2018 Back Row: Emil Schmidt, Nick Kendal, Sean Bridge Front Row: Pam Mitchell, Prue Lennox, Kathy Glasgow, Hayley Edmanson



LEG ULCER ADVISORY GROUP (LUAG)

Introduction:

The LUAG consists of NZWCS members with expertise and a special interest in lower extremity wounds.

Current Members:

Kate Gray - Community Wound Care Clinical Nurse Specialist Hutt Hospital, Cathy Hammond - CNS Wound Care Nurse Maude ChCh, Julie Betts- Nurse Practitioner Wound Care Waikato DHB, Natalie Scott – CNS Wound Care Capital Coast District Health Board, Rebecca Aburn – Nurse Practitioner Southern DHB, Mandy Pagan CNS Wound Care Southern DHB with Jeannette Henderson – Administration Officer

Cathy and Julie continue to work collaboratively with the AWMA and provide updates to the LUAG.

Activities:

Some progress has been achieved regarding the 2nd Edition of the Venous Leg Ulcer Guideline. It has been acknowledged that NZWCS members provided a significant contribution to the guidelines. The guideline delay is due to independent reviewer feedback from the National Health & Medical Research Council. Geoff Sussman Chair of Wounds Australia and the Wounds Australia Board support the guideline to come to fruition and make the necessary amendments. The Guideline Development Group have developed a plan, timeline and budget to complete the 2nd edition. This will involve members to review new literature and add or amend the chapters accordingly. We anticipate commencing work in 2020.

Special acknowledgements to all members who provide work in their own valuable time, the National Committee for supporting our work, and Jeannette who continues to provide the LUAG with essential administrative support.

Author: Mandy Pagan – Leg Ulcer Advisory Group



Rebecca, Julie, Cathy, Mandy, Natalie and Kate at the LUAG meeting in Wellington May 2015

Education Advisory Group

Introduction

The EAG is a group of NZWCS members who provide expert advice on wound-related topics and projects in relation to the education of members of the NZWCS and their stakeholders. Penny McAulay stood down from the EAG, the group thank Penny for her support. Kathleen has replaced Penny on the group, and we have valued her input.

Mandy and Kate Gray are standing down from the group in August 2019 and for succession planning we have four new EAG members appointed in April 2019. We are especially pleased to now cover podiatry and the aged care sector with our new members Kate O'Dwyer, Lea, Althea and Michael. A face-to-face meeting was held at conference in May 2019 and it was great to meet Kate and Althea. Acknowledgment and congratulations to Maria for gaining her Nurse Practitioner qualification in January 2019.

Current members

Mandy Pagan, CNS Wound Care Southern DHB;

Kate Gray CNS Wound Care Hutt Valley DHB;

Maria Schollum, CNS Wound Care Waikato DHB,

Kathleen Whelan RN District Nursing Service Queenstown Southern DHB,

Kate O'Dwyer Clinical Resource Nurse Aged Residential Care Team Western Bay of Plenty PHO,

Dr Lea Whittington PhD Regional Specialist Podiatrist Mid Central DHB

Dr Althea Carruth PhD Podiatrist Central Otago

Michael Nestmann Clinical Services Manager UCG Churtonleigh Wellington

Activities:

- Planning schedule and editing for the Tissue Issue quarterly newsletter that is circulated to all member. Any publication in the Tissue Issue, such as a patient case study or article critique, will receive \$100. We encourage members wanting to contribute to the newsletter to contact us
- Overview of awards and scholarships. This aims to assist Society members in support of their own education or attending conferences relevant to wound care/research. These include undergraduate and postgraduate.
- Promoting the new NZWCS brochure and wound product evaluation guide at conference.
- Partnering with Wounds Australia to judge the Coloplast Award later in 2019.
- Partnering with HEMI and facilitating HEMI Debridement Course in Wellington.
- Exploring with the national committee a National Wound Awareness Week in 2020 and partnering with key stake holders such as ACC.
- Promotional flyer, certificates and evaluation forms for NZWCS evenings and study days have now been updated and are available on the NZWCS website to use.
- Promoting NZWCS membership with community and district nurses via their online journal LOGIC.
- Advising the Committee to upgrade the website, a separate working group will be formed to do this; this will include Kathleen representing the EAG.

 Lea and Althea have volunteered to look at the Wound Preparation Guidelines that have been written by the Wound Preparation Group and consider them both in terms of where they may sit with the Podiatry scope of practice. Also, how the work that has already been done can sit with other standards and competency documents written by other International Wound Care Societies.

Special acknowledgment and thanks to all our members who give freely of their time to support this group. Thank you also to Jeannette our Administrator for her support and guidance.

Author: Mandy Pagan – Co-ordinator EAG

Wound Bed Preparation Working Group

Introduction

The Wound Bed Preparation Working Group (WBPWG), under the NZWCS umbrella, was formed as a result of an identified need to have a user-friendly Guideline developed to guide improved consistency in clinical practice knowledge associated with appropriate, evidence-based options for preparation of the wound bed.

Current Members

Jenny Phillips (Chairperson), Glenda Dagger and Chris Gruys, supported administratively by Jeannette Henderson

Activities:

Purpose of group:

The purpose of the WBPG group is to compile and provide robust, evidence-based guidelines on wound bed preparation for clinicians to use in practice.

Where we are now:

The original purpose has been met and the document has been through the Education group twice. The first time there were several amendments which were actioned and the second time there were only minor adjustments. The WBPG was presented in outline at the NZWCS 2019 Conference with the hope it would be available around September 2019 for clinicians to use.

Completing this document made the group realise that there is a next step which is around conservative sharp debridement, and this is an area with several considerations to go with it. The discussions and minutes reflect that this also led into the consideration of competencies or standards and additionally that podiatry involvement would assist with development of these. The first meeting with the addition of 2 podiatrists was held in July, where several differences were identified, the key one being the importance of defining conservative sharp debridement against sharp debridement which is usually carried out by podiatrists, and occasionally by experienced registered nurses. It was agreed that the group would consider and discuss this at the next meeting. We have obtained podiatry credentialing information from Australia, but it is noted that this is tied in with a commercial firm. We are waiting to obtain further nursing information from Australia. We also have the Tissue Viability competency framework from the UK which is extensive and progresses from generic – knowledge of skin and ability to recognise wound infection right through to advanced knowledge and leadership in this field. This is a nursing document.

What did emerge from the combined meeting was marked differences between nursing and podiatry training and expectations associated with the term debridement when it involves using a sharp instrument(s). Another consideration may be whether for the sharp and conservative sharp debridement sections there are in fact 2 separate documents, with the WBPG providing the basis for practice for both parties up until that point. The training available around sharp debridement is also an issue as there are major differences in this and availability in NZ in terms of podiatrists and registered nurses.

Author: Christine Gruys – Wound Bed Preparation Working Group

NZWCS CONFERENCE MAY 2019

The Biennial conference with its theme "Choices, Changes and Challenges" was held in Dunedin in May 2019. We were privileged to have two world renowned wound care experts, Professor Keith Harding and Wendy White, who were inspiring with their presentations along with the flair to deliver messages that reflected their personalities.

Four New Zealand expert invited speakers also provided engaging presentations incorporating the conference theme.

The quality of oral and poster presentations reflected significant time and effort as well as the depth of expertise, in subjects including research, multidisciplinary approaches, pilot skin and wound care programme in aged care facilities, debridement guidelines, and pressure injury updates and guidelines.

The exhibition area was filled with the largest number of industry stands that we have ever had at our conference. It was so great to see the interaction between delegates and industry – very engaging.

Conference feedback from delegates was very positive, ranking all the speakers very highly, with an amazing array of industry stands, wonderful food and an awesome venue to a thorough enjoyment of the Carnival Gala evening.

Workshops:

Wendy White – Sharp debridement

Mandy Pagan – Assessment & management of lower leg ulcers in conjunction with Venous Leg Ulcer Guidelines

Liz Milner – Dressing selection

Dr Amanda Oakley – Emollients & creams

Prof Keith Harding – Implementing SSKIN and staging PI case studies

Oral Presentations – 15 in total, the winning abstract was by Emily Haesler and Pam Mitchell - 'What are the care goals and education needs of pressure injury patients and their caregivers?'

Posters – winning poster was by Ruth Crighton and Wendy Dragt - 'Timely compression therapy in healthy obese patients'.

Expert Panel - the experts took part in a panel discussion, adeptly answering questions from the floor.

Carnival Gala – Fantastic costumes, entertainers and a progressive dinner = a great night out! Winners of the best in costume went to the Waikato girls – Day of the Dead.

Industry – We were fortunate to again have substantial support from industry through sponsorship, and our largest-to-date industry exhibition – thank you.

Venue – the Dunedin Centre was a fantastic venue with a large space for the plenary sessions and breakout rooms. The exhibition hall was large (to cope with Industry stands and food!), and the progressive Gala evening had us sampling food and moving throughout the various levels of the building. Such fun!

Organisation – Thank you to all involved on the conference organising committee, your time and commitment ensured such a successful conference, also to Ali of akB Conference Management Ltd, and we look forward to 2021!





















RESEARCH GRANT

The Society called for applications for a **\$5,000 Research Grant** established to support New Zealand based research into any area related to wounds, wound healing or wound management, including prevention.

2018-2019 Research Grant awarded to:

We did not receive any applications for a Research Grant in the 2018-2019 financial year

2017-2018 Research Grant awarded to:

Dr Joanne Mackichan of University of Victoria - Paid

2016-2017 Research Grant awarded to:

Assoc. Prof Trevor Sherwin of University of Auckland - Paid

2015 – 2016 Research Grant awarded to:

Dr Emma Best of University of Auckland - Paid

Jeannette Henderson NZWCS Administrator

SCHOLARSHIPS

The NZWCS has once again demonstrated its support for education and professional development of health professionals involved in wound management in New Zealand by providing Awards and Scholarships for 2018-2019.

On offer are Awards for Articles and Publications as well as increased Scholarships for under grad, post grad studies and National & International conference attendance. Please see website for full details. <u>www.nzwcs.org.nz</u>

Awards and Scholarship approved and awarded in 2018-2019

5 x Attendance at NZWCS Conference Registration Only – May 2019, Dunedin

- Angela Carter
- Christine Cumming
- Jacqui Finnigan
- Jan Johnstone
- Wendy Mildon

2 x Attendance at International Conference (Shared)

- Karyn Balance Diabetic Foot Australia Conference Brisbane, Sept 2019
- Treena Harris Australasian Podiatry Conference May 2019, Adelaide

3 x Attendance at HEMI Course – Sept 2019, Wellington

- Glenda Dagger
- Stephen Percival

N.B. - Glenda and Stephen were initially awarded these scholarships in 2017-2018, however, the course they both wanted to attend in Australia, was cancelled. They both refunded the scholarship money until another course came up. They are both now registered to attend the HEMI course in Wellington on 20/21 September and the scholarship re-awarded.

NZWCS AREA REPORTS

Area Coordinators and National Committee Members

The NZWCS relies on its Area Coordinators and National Committee members, who often work together, to hold regional evening seminars and study days as a way of keeping members and non-members up to date with the latest in clinical practice and knowledge in wound management. Area Coordinators and National Committee members undertake these roles voluntarily, putting a lot of their own time into the education events to run.

Areas 1: Northland	
Committee Member /	Karen Devine
Area Coordinators:	Karen Devine
The focus in Northland co	ntinues to be on increasing the profile of NZWCS and increase the membership
from its currently small nu	mbers. It would be wonderful to fill the position of Area Co-ordinator, so that there

from its currently small numbers. It would be wonderful to fill the position of Area Co-ordinator, so that there is some support for getting regular education events up and running. It's a great opportunity to get to know colleagues from around the country and learning more about how the Society works.

Karen Devine – National Committee Member – Northland

Areas 2: Auckland	
Committee Member:	Donna Gilleece
Area Coordinators:	Glenda Dagger & Ketina Chevasa

November 2018- involvement and presentations of **Pressure Injuries in Bariatric Patients** in the Wellington and Auckland MHANZ. No education sessions were run in 2019.

Glenda Dagger – Joint Area Coordinator – Auckland

Area 3: Waikato	
Committee Member:	Jane Widdowson
Area Coordinator:	Maria Schollum

With good intentions and now half way through the year we are still quiet here in the Waikato in regards education evenings over the past 18 months, this is largely due to the commitments and changes at work of the members who have tirelessly offered their time and energy to the cause in the past.

We do hope to have an evening to promote pressure injuries in October or November 2019 and resurge again next year with education evenings and promotion of the Wound Society in 2020. If any of the members would like to be involve and assist with running sessions, please contact either myself or Jane Widdowson.

Maria Schollum - National Committee Member – Waikato Branch

Areas 4 & 5: Rotorua/Taupo/BOP		
Committee Member: Vacant		
Area Coordinators:	Dawn French, Jane Edwards and Tracy de Rohan	

The Bay of Plenty region continues to grow its population and as anticipated the winter is proving to be a very busy season for the Bay.

Tissue viability service still consists of one team member however with a strong focus on pressure injury reduction and subsequent prevention the potential for further support from ACC funding is an exciting prospect within this area.

There has been a very pro-active approach to pressure injury prevention especially the importance of correct grading and clinical terminology related to this. A video has been complied for all staff to watch so that everyone involved in pressure injury management has adequate skill and knowledge to recognize pressure injury grades. There has also been a pressure injury prevention intranet page set up internally where staff can find, not only local information on pressure injuries (the grading video, audit results and protocols) but also national documents. Also, on this page are the NZWCS pressure injury prevention leaflets in a variety of languages. This one stop shop also provides link to equipment information and identified tissue viability resource nurses within the organization

The Bay of Plenty product selection guide was launched 2 years ago and is updated on an annual basis. This has proved to be a very useful clinical decision-making tool to assist staff in product selection. The tool has recently been adapted for district nursing and a generic version is planned for aged residential care (ARC). The electronic version of the tool is hyperlinked to provide user information on the product.

The ARC wound care study day has become an annual event in the bay. This day generally attracts over 90 registered nurses and involves a series of workshops on clinical decision-making and appropriate product selection. This year's focus will be on pressure injuries and skin tears using the ISTAP recommended skin tear best practice.

It has been pleasing to note that in the 4 years that these events have been delivered the quality of referrals and instigation of treatment regimens with research-based rationale has improved. Referrals to the TVN are generally made by a detailed descriptive referral document and photography. This is proving to be a very time efficient and effective assessment method.

Dawn French – Joint Area Coordinator – Bay of Plenty

Area 6: Manawatu/Wanganui

Committee Member: Desley Johnson Area Coordinator: Karen Huxtable

Although it has been a quiet time for locally delivered education sessions in the region, the availability of online education and recorded national conference and seminar presentations is an effective way for all to participate in up-to-date information and initiatives. Thank you to all those involved in these events and facilitating presentations on the website, also to our industry colleagues delivering education locally. In November 2018 an education evening was held at Palmerston North Education centre to support STOP PI Day in conjunction with the ongoing project work across the DHB for the implementation of pressure injury prevention and management. Thank you to those who attended, and we acknowledge time constraints, commitments and geographical distances, can be challenging to attend face-to face meetings/education sessions. We also had a stand in the foyer of the hospital, with a bed, demonstrating offloading surfaces, devices and positioning techniques. This was well received by members of the public and staff.

May 2019 saw the National Conference in Dunedin, it was a great personal experience to be involved in the planning and delivery of this event; I encourage members to take part in local and national NZWCS activities - for inspiring professional and personal growth, and networking with colleagues.

I would like to take this opportunity to acknowledge Karen Huxtable, who retired after many years of service sharing her passion for wound care.

In Manawatu-Whanganui we look forward to the coming year with new Area Coordinators who, plan to share their enthusiasm in the delivery of planned wound care education events across the region.

Desley Johnson - National Committee Member & Area Coordinator – Manawatu- Whanganui

Area 7: New Plymouth/ Taranaki

Committee Member / Chris Gruys Area Coordinator: Wendy Walsh

A big thank you to the tireless work of NZWCS National Committee members and to Jeannette our wonderful administrator in the Society.

In April 2019 we ran a very successful NZWCS study day titled The Shear, Tear, Leak and Pressure of it All. The day focused on Skin Tears, Pressure Injuries, IAD, Management of Lower Limb Wounds and Dressing Selection to match Wound Bed Preparation. A drive to promote NZWCS membership was included. The Taranaki DHB Leg Ulcer Clinic is participating in the research project regarding validation of a risk assessment tool for early detection of patients at risk of delayed healing or recurrence of venous leg ulcers. Our Wound CNS and area delegate Rebecca Laidlaw has gone on Maternity Leave for a year following the birth of a lovely baby girl. Janina Walton has joined the wound care team from Waikato while Becky is on leave. Janina has also joined NZWCS.

We have our Nurse Practitioner Wendy Walsh, who specialises in Aged Care, and Wendy has a keen interest in wound care, having completed the HEMI course in 2018, brings skills in wound bed preparation. Unfortunately, our Wound Care team was unable to attend conference, however having critiqued an abstract regarding use of the hyaluronic acid products, this led to a clinical evaluation on the products on a stage 3 non healing pressure injury. The results have proved outstanding.

I have been involved in the compilation of the NZWCS Wound Bed Preparation Group Guideline along with Glenda Dagger and Jenny Phillips. We are currently working on the standards or competency/skill sets associated with certain aspects of wound bed preparation.

Chris Gruys - National Committee Member - Taranaki

Area 8: Wellington	
Committee Member:	Kate Gray
Area Coordinators:	Liz Frost & Kate Gray

The Wellington Branch of the NZWCS has continued to grow in its membership. It is especially important to the world of wound care and our patients, that we are multidisciplinary in our approach with our allied health care professionals. Podiatrists, Aged Residential Care, District Nurses and Practice Nurses attending evening sessions as members of the Branch.

This year we have been able to join our Wairarapa members into our evening education sessions by remote through Zoom. This has meant that they no longer have a 3-hour round trip at night after a busy work day in order to attend.

In November 2018 several members attended the very successful 'Pressure Injury Symposium' at Parliament co-ordinated by ACC and the NZWCS.

In April 2019 Sue O'Connor Nurse Practitioner Acute Pain at Hutt Valley DHB provided a session on 'Pain Management and Wounds in the Community' – assessment and management of pain.

In May 2019 several members attended the NZWCS Conference in Dunedin with the theme of 'Choices, Changes and Challenges' which was a resounding success with the notable Keith Harding and Wendy White as the key speakers.

In July 2019 Mary Daly Nurse Practitioner Older Persons Rehabilitation Service Hutt Valley DHB presented a 'Comprehensive Geriatric Assessment' which provided a framework to assess complex situations that may lead to the development of a wound and/or delay healing.

We sincerely thank all our speakers for their informative presentations; their preparation and taking the time out in their busy schedules to share their wealth of expertise with us so generously.

We would also like to thank industry for their continued sponsorship on these evenings.

Liz Frost and Kate Gray – National Committee and Area Coordinator, Wellington Region

Area 9: Nelson/Marlborough		
Committee Member:	Susie Wendelborn	
Area Coordinator:	Sharryn Cook, Noreen Sargent & Raewyn Kaihe	
July & September 2018		
Practice nurse wound in se	rvices Nelson and Marlborough; Golden Bay PHO sponsored	
<u>May 2019</u>		

Wairau House Officers wound in service DHB

<u>July 2019</u>

Nelson Marlborough Podiatry services, wound in service held in Nelson sponsored by Podiatrists

Activities:

November 2018 – celebrated National Stop Pressure Injury Day with a display at Wairau Hospital corridor promoted with equipment/pamphlets, cupcakes and a quiz to win two cakes. This was informative to both health professionals and to the general public with a good response and learning from the activities that were provided. This was also a good opportunity to promote membership to the NZWCS and to raise the profile of NZWCS in the Marlborough region to eventually include a corporate membership.

Information from the pressure injury symposium held in November at Wellington was given to health professionals in the hospital and aged care facilities on best practice for pressure injuries. Also follow through with information from the sessions on the NZWCS information site was given. Sessions on skin tear assessment and management have also been completed in all aged care facilities in Marlborough area. This is hopefully to lead to a wound champion to be developed in each of the Aged care facilities and disability facilities in the Marlborough area.

There have been regular representatives to keep Hospital Health Professionals, Practice Nurses, Aged care facilities staff up to date with the latest best practice assessment and management including negative pressure wound therapy, mepilex wound dressings and compression bandaging application.

Upcoming events: A wound management study day has been organised for September in Nelson and October at Wairau Hospital. This is a chance for participants to hear about the latest best practice for wound assessment and management, to become confident with product selection, discuss diabetes and wounds, dietician information, infection prevention plus discuss the pressure injury guidelines. Another pressure injury display is planned for November 2019.

Thank you to all Area 9 members for their support and ongoing interest in wound care.

Susie Wendelborn – National Committee Member – Nelson & Marlborough regions

Area 10: Canterbury	
Committee Member:	Pam Mitchell
Area Coordinator:	Sharon Cassidy

For 2019 the committee decided that we would only hold two branch education evenings for members due to the bi-annual conference taking place in May, which would also serve as education offered.

The first education session was held on the 21st March. The topic was "What Lesions Should be Referred". We had two presenters who gave their own different slants on the topic.

Mr Barnaby Nye a Plastic Surgeon in both the public and private sectors spoke along with Dermatologist Dr Caroline Mahon. We had a good attendance with 64 members registering for the evening.

Mr Nye spoke on the importance of early diagnosis of lesions, how this saves lives, and that diagnosis gets better with experience. In the public system, the Plastics department at Christchurch Hospital will only see malignant lesions that are life threatening and urgent. Mr Nye explained that lesions on the palms of hands and soles of feet need to be given specific attention, as do lesions greater than 20mm, as they are at increased risk of developing melanoma, and those that are especially small. In addition, high risk areas are ears, lips, intraoral sites. Variations in a lesion is what you look for. If there is uncertainty about diagnosis, don't just watch a lesion, as one needs a definitive diagnosis of malignancy. Be on the lookout for traumatic wounds that won't heal in two weeks, lesions that are itchy, bleeding, growing lesions and ones that come with an inconsistent story.

Our second speaker was Dr Mahon who discussed SCC- tumour of the epithelium. She envisaged that risk factors included: fair skin type, lots of sun exposure, HPV infection, immunosuppression, age, and smoking. SCC can arise out of any chronic wound even a burn injury; this is thought to be due to the chronic inflammation leading to dysplastic squamous cells. They require urgent treatment as they spread to lymph nodes. Red flags include: if a wound extends, fails to heal, has focal proliferation- heaping asymmetric wound edge or a central mass within the ulcer, worsening pain. SCC in Epidermolysis Bullosa were also discussed and the difficulty involved with diagnosing these and how these patients know there skin well and must listen to our patients concerns.

We appreciated the attendance of two trade exhibitors from AinsCorp and Douglas Pharmaceuticals Ltd who sponsored light refreshments along with their trade displays.

Or next education session will be in October, with no topic yet confirmed.

NZWCS Canterbury Branch Committee

Area 11: Dunedin	
Committee Member:	Emil Schmidt
Area Coordinator:	Jan Johnstone

November2018 we celebrated our PI national day. This encompassed series of short 30 min presentations from Emil Schmidt/ Jan Johnstone /Erin Davis OT /Andrea Dorne throughout the day on prevention with the SKINN bundle principle. Judy Walker PI prevention programme coordinator was introduced, a new role welcomed to the Southern DPB. We promoted the day in the foyer of the main hospital with equipment/pamphlet's and cupcakes.

In May 2019 the NZWCS 9th National Conference was held in Dunedin, which meant that quite a number of local members were able to attend. We were also able to have a two local experts as invited speakers and four local members present abstracts - Jan Johnstone, Rebecca Aburn, Sue Lee and Emil Schmidt. The Samoan diabetic foot project, undertaken by local members Emil Schmidt and Rebecca Aburn – it was interesting to hear the outcome of the project and the issues faced in Samoa.

We look forward to the upcoming Wendy White seminar in Dunedin on August 28th, 2019.

Study day planned for Nov 2019 focusing on lower leg wound.

Other members of Otago have been working hard - Andrea Dorne has been running competencies study days monthly through Southern District Health Board on compression bandaging and Negative wound pressure management and wound care implications and treatments.



"Southern Style PI day 2019" The winning photo and caption competition for STOP PI 2018

Jan Johnstone – Area Coordinator - Otago

Area 12: Southland	
Committee Member:	Mandy Pagan
Area Coordinator:	Phylis Harding

Activities:

Practical wound care training is available through the Southland Hospitals weekly Wound Clinic, working alongside experienced wound care nurses.

Training includes, wound assessment, wound bed preparation, debridement, product selection, skin care and principles of compression therapy. Members are able to contact us directly to attend these clinics which are held on Thursday mornings.

The 'Case Studies Galore!' workshop was held on the 6th October 2018 with 37 attendees. Case studies were conducted in groups and presented back to share learning.

Smith & Nephew representative Alice Hardie presented incontinence associated dermatitis and PICO and one of our clinic nurses Shelley Berry presented Hidradenitis Suppurativa. The workshop concluded with Mandy and Alice sharing practice tips.

Thank you once again to Smith & Nephew for their financial support and providing Alice for educational support for this day. Evaluations from the day were extremely positive.

Thank you to all Area 12 members for their support and ongoing interest in wound care.

Mandy and Phylis – National Committee member and Area Coordinator - Southland

Area 13: Hawke's Bay		
Committee Member:	Wendy Mildon	
Area Coordinator:	Wendy Mildon	

Area 13 activity has been limited due to other commitments and changes. A smaller membership which includes healthcare professionals from primary and secondary healthcare setting. It has been pleasing to have gained some new members during and after the NZWCS conference held in May 2019.

This year HB area will continue to promote the STOP PI DAY locally as with previous years. Regular wound care workshops at the DHB are held and these are usually well attended with representation from across the sector.

Early in November I am involved in the development of a small Vascular leg and Wound symposium in HB. This is being held outside work hours with local clinicians speaking (ESSITY – health care are assisting with refreshments etc) numbers are limited.

The NZWCS is moving fast, with the many continued developments which support our members.

I would like to acknowledge and thank the NZWCS for the continued development of the society and collegial support. Looking forward to another year of challenges in wound care.

Wendy Mildon – National Committee member and Area Coordinator – Hawkes Bay region



The New Zealand Wound Care Society Incorporated Annual Report 2017 - 2018

Website: http://www.nzwcs.org.nz

Contact: NZWCS Administrator administrator@nzwcs.org.nz