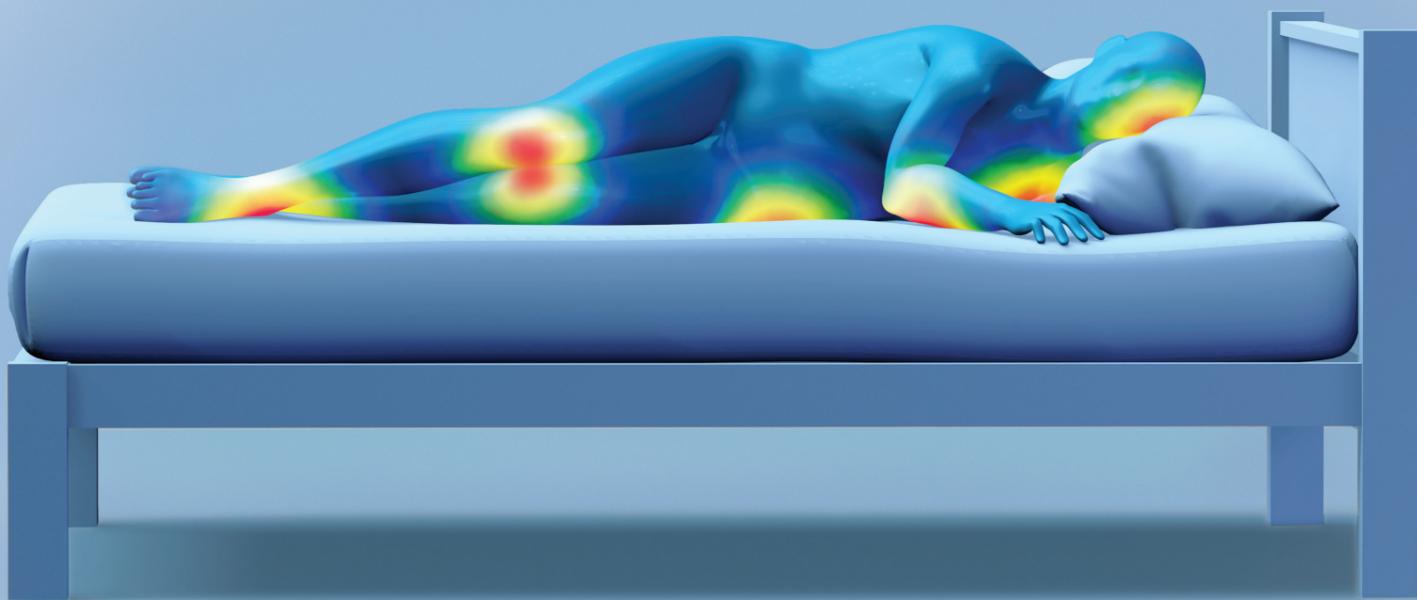


SKIN MATTERS



SURFACE

Make sure your patients are on supportive surfaces

SKIN INSPECTION

Ask your patient about tenderness and check for discolouration, including under or around medical devices

KEEP MOVING

Support your patient to move, turn, and reposition regularly

INCONTINENCE

Look after your patient's skin, keep them clean and dry

NUTRITION

Encourage patients to stay nourished and hydrated

Let's work together to prevent pressure injuries

nzwcs.org.nz/pressureinjuries



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