

YOUR HOT TIP!!

Prevention & Management of Pressure injuries

Essentials PIPA Mattress: How to off-load the heels.



1. Unzip the bottom right-hand corner of the cover.



2. Select the air cell/tube that is beneath the patient's heels.



3. Disconnect the air hose for that cell, this will allow it to deflate.

Please regularly check the heel zone to ensure the deflated cell is correctly positioned for the heel offloading.